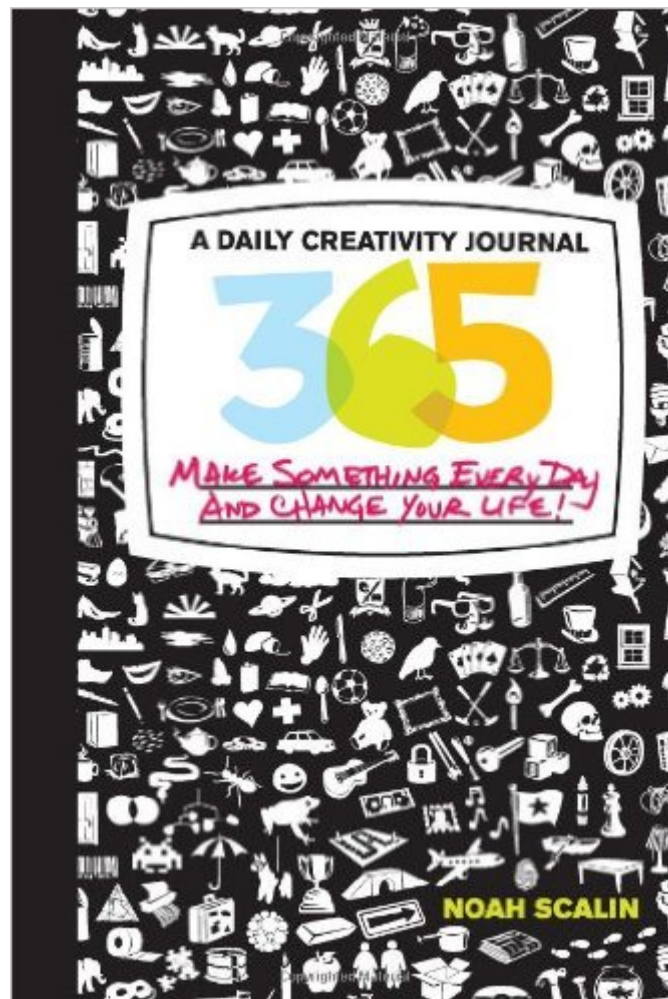


The book was found

365: A Daily Creativity Journal: Make Something Every Day And Change Your Life!



Synopsis

The concept of Noah Scalin's "365 method" is simple but inspired: Choose a theme or medium, then make something every day for a year. Noah made 365 skull-themed projects . . . now he invites you to choose your obsession and get creative! The book offers 365 project prompts to kick start your creativity, plus plenty of room for journaling, sketching, and jotting down ideas. Learn how to choose your subject and document your work, and see examples from other artists and crafters who took the 365 challenge. In addition, master new techniques to incorporate into your projects, including quilling, clay-making, paper pop-up engineering, and more. Share your progress with other 365-ers at www.MakeSomething365.com. With *365: A Daily Creativity Journal* you'll get charged up, get messy, and get inspired, and you'll see how making something every day can change your creative process and change your life forever!

Book Information

Diary: 240 pages

Publisher: Voyageur Press; First edition (December 9, 2010)

Language: English

ISBN-10: 0760339961

ISBN-13: 978-0760339961

Product Dimensions: 6.2 x 0.5 x 9.2 inches

Shipping Weight: 1.2 pounds (View shipping rates and policies)

Average Customer Review: 4.5 out of 5 stars See all reviews (70 customer reviews)

Best Sellers Rank: #472,756 in Books (See Top 100 in Books) #335 in Books > Crafts, Hobbies & Home > Crafts & Hobbies > Mixed-Media #423 in Books > Crafts, Hobbies & Home > Crafts & Hobbies > Crafts for Children #542 in Books > Crafts, Hobbies & Home > Crafts & Hobbies > Decorating

Customer Reviews

When I was earning a BFA, I had a painting professor who forced me to severely limit my color palate. I grumbled about it at the time, but I found that the creation of forced guidelines freed me and taught me the significance of self-imposed rules. Fast forward some years, and I have just completed day 37 of my year-long project using *365: A Daily Creativity Journal*. So far this process has given me, through structure, a similar, freeing experience. Scalin's process, as laid out in his book, has made me accountable for daily, completed creative production and has forced me to let go by midnight. I cannot put it off, and I cannot over analyze my work or give up on it. I have been

forced to work quickly and to accept my work for what it is. The creation of a blog and being a member of the 365 online community created by Scalin have reinforced this. The result has been increased productivity, yes, but more importantly, a new set of eyes for my own work. The book gives examples of diverse daily projects as inspiration and ideas for daily projects, so one never feels stranded without an idea. However, the book is not imposing, and people can use it in different ways: as a journal, as a place to keep notes, as daily inspiration, or as a jolt of inspiration when it is needed. The book's suggestions are unconventional and varied. Some are more challenging while some are gentle prods. Nothing requires expensive materials or equipment. Every suggestion is accessible and open-ended, so there are myriad approaches to each one. Scalin approaches projects as puzzles and explorations and not as controlled activities or rigid guidelines. Does a daily project seem too daunting?

[Download to continue reading...](#)

365: A Daily Creativity Journal: Make Something Every Day and Change Your Life! 365 New + Expanded Edition: A Daily Creativity Journal: Make Something Every Day and Change Your Life!
365 Journal Writing Ideas: A year of daily journal writing prompts, questions & actions to fill your journal with memories, self-reflection, creativity & direction
Journal Daily: inside Tree Design, Lined Blank Journal Book, 150 Pages, 6" x 9" (15.24 x 22.86 cm), blank journal pages, writing journal
Change Your Habits Change Your Life: Break Your Bad Habits, Break Your Addictions And Live A Better Life (Change Your Life, Stop Smoking, Stop Drinking, Stop Gambling, Stop Overeating)
Knitting: 365 Days of Knitting: 365 Knitting Patterns for 365 Days (Knitting, Knitting Patterns, DIY Knitting, Knitting Books, Knitting for Beginners, Knitting Stitches, Knitting Magazines, Crochet)
Journal Your Life's Journey: Tree Vector Journal, Lined Journal, 6 x 9, 100 Pages
Journal Your Life's Journey: Water Color Paint Journal, Lined Journal, 6 x 9, 100 Pages
Daily Military Quotes: 365 Days of the Best Quotes on War, Leadership, Courage and Discipline From History's Greatest Generals, Soldiers, and Heroes. (Quotes for Soldiers, Daily Quotes, Motivation)
Williams-Sonoma Salad of the Day: 365 recipes for every day of the year
Journal Fodder 365: Daily Doses of Inspiration for the Art Addict
365 Miracles: Daily Journal of A Course In Miracles Workbook Lessons
20 Free iPhone, iPad, Android And Kindle Fire Apps For Children
Creativity: (Apps to Inspire Creativity)
New Word A Day: 365 New Words A Day - One word for each day!
Diabetes Journal Log Book: Portable 6in x 9in Diabetes, Blood Sugar Log. Daily Readings For 53 weeks. Before & After for Breakfast, Lunch, Dinner, Snacks. Bedtime. With Daily Notes (Fitness)
21 DAY FIX: 30 Top 21 DAY FIX RECIPES with complete container count PREP IN 15 MIN OR LESS (21 day fix recipes, 21 day fix cookbook, 21 day fix book)
Journal Daily: British flag 1776, Lined Blank Journal Book, 6 x

9, 200 Pages, notebook, for writing 365 Days Of Walking The Red Road: The Native American Path to Leading a Spiritual Life Every Day (Religion and Spirituality) The Book Lover's Journal (Reading Journal, Book Journal, Organizer) Alice in Wonderland Chalkboard Journal - We're All Mad Here: 100 page 6" x 9" Ruled Notebook: Inspirational Journal, Blank Notebook, Blank Journal, ... Chalkboard Notebook Journals) (Volume 5)

[Dmca](#)